## Treatment & Services -

## Patient Services-

## MOHC SURVIVORSHIP PROGRAM

At MOHC we are dedicated to providing outstanding care from the time of diagnosis through treatment completion and beyond.

Completing cancer treatment can be a time filled with mixed emotions. Some cancer survivors may feel joy and relief that treatment is over but may also experience feelings of distress and worry for the future.

We aim to provide support and education to promote effective coping, healthy lifestyle behaviors, and follow-up care for cancer patients that have recently completed active treatment.

Our survivorship program offers one-on-one treatment sessions with a nurse practitioner or physician assistant who are dedicated to improving the quality of life of survivors.

Our survivorship providers work closely with your oncologist to tailor your care plan according to your needs.

During your appointment you will receive the following:

- -Individualized care. We develop a care plan based on your medical history, cancer diagnosis, treatments received and ongoing.
- **-Symptom management**. We assess for and manage the long-term and late effects of treatment and, if needed, refer you to the appropriate specialists.
- -Post-treatment support- We recognize that the time after treatment completion may be emotionally and physically challenging for survivors. We will provide the attention, care, and support our survivors needs as they transition to their lives after active treatment.
- -Healthy strategies- We will guide you on making healthy choices regarding nutrition, physical activity, and mental health self-care. We will ensure that you are up to date with other preventative health needs and provide education on cancer prevention and risk-reduction strategies.

Our staff will work with you to understand how they can best manage any concerns or issues you may be experiencing. Together, we'll develop a plan to support your current and future health needs.